





prompts which will guide you day-by-day through the healing journey. Discover how Leonie H. Mattison achieved intentional transformation through Christ, and as you read, find hope even in your most challenging times. A childhood filled with adverse, severe experiences left Leonie with post-traumatic stress disorder, a prisoner in her soul, and trapped in her mind. As a single mother of three, when she looked at herself in the mirror, she saw a broken girl with a sick soul, a noisy mind, and a traumatized heart. The Thread was born out of these life-shattering circumstances. In a tapestry of stories, Leonie shares her struggles, pairing them with tales of women in the Bible who also faced severe tragedy, trial, or failure. She leads readers along a gentle path that shows them how they responded in faith and explains The Thread it created in each of them. The result is a resounding six-step T.H.R.E.A.D call to action to help you: Think of the Outcome You Want to Achieve Harvest the Lessons You Have Learned and Heal Your Heart Release Fear and Reclaim Your Life Enlist Allies to Support the Woman Who Has Been Locked Inside Adopt New Mindsets to Break the Hurtful Patterns and Create New Healthy Behaviors Design Your Joyful Life and Enjoy It The women of The Thread have the courage to discover, embrace, and accelerate their God-given purpose. Leonie's prayer is that each beloved reader will recognize that they, too, are worthy of love, can find freedom, and enjoy closeness with God. Embark on your journey today and begin the transformation of your life. Don't hesitate, order your copy and begin. Learn more about The Thread at [www.leoniemattison.com](http://www.leoniemattison.com)

"Opening the Aloha Mind is an inspiring discussion of the relationship of human consciousness and our sense of 'I' to the infinite, divine intelligence. It is a refreshing correction to the growing tendency of modern psychiatry to base its models of mental health on brain chemistry that can be modified by medication and a reminder that healing wisdom did not begin in the twentieth century, but in millennia past, and that these ancient approaches can still be accessed." --Larry Dossey, MD, author of *Healing Words* and *One Mind* and executive editor of *Explore: The Journal of Science and Healing* "More than sixty years ago, the Oglala shaman Black Elk predicted that with the closure of this cycle of ages, the primordial spirituality would reemerge and become the foundation for the next cycle. In *Opening the Aloha Mind*, Dr. Jim Nourse has made a great contribution toward expanding our western understanding of indigenous spiritual wisdom, and in doing so he has created very good medicine indeed." --Hank Wesselman, PhD, anthropologist and author of *The Bowl of Light* and the *Spiritwalker Trilogy* "This is wonderful work that can help many. *Opening the Aloha Mind* gives powerful tools for transformation and healing." --Sandra Ingerman, author of *Soul Retrieval* and *Shamanic Journeying: A Beginner's Guide* "This is a rare treasure of a book, weaving an incredible tapestry of the wisdom of the ages for any modern seeker and for anyone involved in service toward others. Jim Nourse shares his personal experience of an ancient, original world culture, and gracefully infuses it with tremendous insight into growing edge psychology and spiritual traditions. His simple, profound, and beautifully written message of the necessity for real self-empowerment is incredibly validating. To read this book is to have an experience of truth." --Tav Sparks, director, Grof Transpersonal Training; author of *The Wide Open Door*, *Movie Yoga* and *Through Thunder*

Every child is born a billionaire. After all, they come into the world with over one hundred billion brain cells! So how can we, as parents, help our children fully develop all those brain cells, live up to their full potential, and enjoy a rich, happy life? Jennifer Luc and Dr. Stephane Provencher combine personal experiences and insights, medical research, and expert advice from around the world to share unique, tested, and proven billionaire parenting strategies intended to help today's parents make informed choices for their children. With a focus on fostering productive, enthusiastic, and joyful children, Luc and Dr. Provencher instruct parents on a variety of topics that include pre-natal care and pregnancy, the design of a child's brain and the stages of its development, food choices and their effects on the body, and Whole-Listic methods that help nurture emotional needs of children. Included are methods parents can utilize to promote compassion, encourage gratitude, and teach the art of forgiveness to their children. *Billionaire Parenting* shares practical tips and global wisdom designed to empower parents with innovative and Whole-Listic methods to nurture emotional needs while guiding you to find their inner strengths."

*BLUE ICE: Memories and Relationships*, MsKr SITH® Conversations, Book 2: This book is the second in a series of books on the use and application of Self I-Dentity through Ho'oponopono (SITH®), an ancient Hawaiian problem solving method, updated by Kahuna Lapa'au Mornnah Nalamaku Simeona. SITH® can be used by any individual to release stress and bring about freedom and balance. *BLUE ICE: The Relationship with the Self* is a compilation of discussions from an ongoing radio program called MsKr SITH® Conversations between Kamailelauli'l Rafaelovich and Dr. Ihaleakala Hew Len about SITH®. In the book these two master practitioners discuss how SITH®, as a way of life, has transformed their lives through moment-by-moment cleaning and what they do when problems arise. This book focuses on memories and how to clean with relationships.

It offers the perfect balance of maternal and child nursing care with the right depth and breadth of coverage for students in today's maternity/pediatric courses. A unique emphasis on optimizing outcomes, evidence-based practice, and research supports the goal of caring for women, families and children, not only in traditional hospital settings, but also wherever they live, work, study, or play. Clear, concise, and easy to follow, the content is organized around four major themes, holistic care, critical thinking, validating practice, and tools for care that help students to learn and apply the material.

*The Easiest Way* is a practical guide for applying spiritual principles to get past blocks to having what you want in your life. Based on Ho'oponopono, an ancient art from the Hawaiian culture, we learn that life is easy... we are the ones making it difficult and we can learn how to get out of our own way! The Special Edition now includes *The Easiest Way to Understanding Ho'oponopono*, *The Clearest Answers to Your Most Frequently Asked Questions*.

Wahine is an Oahu Girl having been born (1945) and raised in Kalihi-Waikiki. She raised her family on Molokai and now lives on Maui where her children, grandchildren and greatgrandchildren also reside. Her ambition was to be a roller derby competitor. When she was twelve it came to her in a vision that her life would revolve around the care of children. Her inspiration to create poetry comes from her lives involvements with her spirituality, with people as she took on various jobs, with her family and with the mana (energies) of the islands all entwined with her personal insights. A follower of Dr. Wayne Dyer, she is in the process of creating her own *Book of Possibilities*. This, too, inspires her poetry. Each of Wahines poems commemorates something or someone important from her experience be it an event, a person, an intuition (a sixth sense). My guardian angel gives me courage and strength. So my journey is sealed with the spirit of Aloha Mana o I o: to have faith, trust, confidence to believe. In Hawaii we are so blessed. Our lifestyle is simple. The dreams we have carry messages for all to understand the changes and the movements. We were brought up to know that all things have rhythm and to show respect for the universe. In her *Dedication* Wahine shares her love with her creator and her family. In her poetry she is sharing her life with us as well.

*Becoming What is Changing You Are the Perfect Tool to Achieve This Universal Principles for Transforming Self, Systems & Organizations* Our world is changing. Our technology is changing the way we live and communicate. Modern science opens gateways to new world views. The rate at which we are exposed to new information, new paradigms and new ideas is accelerating every day. Amidst all this overwhelming change, there is an inherent intelligence in the Universe that continuously self-organizes. We have the choice to align with this intelligence or continue to operate within

old structures - in government, business, education, healthcare and even in our personal lives. We often cling to hierarchical models, which no longer work for us. Those at the top of the ladder are fearful of what might happen if they relinquish control. Those at the bottom, surrender responsibility to those above. Many of us easily get stuck in a pattern of blaming 'the system' for everything that goes wrong. But the truth is - we are ALL the system. Whether you are a seasoned CEO or an entry-level employee, YOU have the ability - and the responsibility - to engage with 'the system' as a 'living being' composed of all those involved. In *Becoming What is Changing: Universal Principles for Transforming Self, Systems & Organizations (Volume 1: Exposition)*, author Veerle de Bock integrates more than two decades of experience within the healthcare industry, along with years of work as a teacher, supervisor and process facilitator, to bring you a candid and refreshing look at how we can reinvent the way we operate within our organizations, and allow our systems to become 'living beings' with a capacity for self-organization. In *Becoming What is Changing (volume 1)*, you'll find dozens of valuable anecdotal examples of real-life situations combined with a wealth of practical concepts, skills and tools you can apply in any scenario, such as: Your full potential - Fresh perspectives on discovering who you really are, and how to bring your whole self into your organization. Dynamic facilitation - A new way of meeting and listening that can help your team find solutions to problems you thought were impossible to overcome. Life pulse - Understanding the natural life-cycle of organizations and ideas, so you can identify the right time to reflect and the right time to ACT. Witness/Ask/Experience - A reflective tool to help you and your organization discover where you are 'stuck' so you can move forward. 100% Responsibility - Learning how to take responsibility for what is happening in the moment, including the responsibility for being open and understood. Plus many others. A Call to Action to Idealists, Change-Makers and Social Reformers! If we simply continue to complain about 'the old system', we are only colluding with it. But when we are ready to let go of blame and judgement - and take full responsibility for whatever happens to us and around us - we can attune with the change that is already happening in the Universe, and we can achieve truly great things in our organizations, our lives and the world at large. So, are you ready? Then *Becoming What is Changing* is THE book for you.

If pain relief is what you need, you have the right book. There is something here for anyone who needs emotional support. Our world is in upheaval, and we are feeling the effects. The result? We feel overwhelmed, anxious, one day up and the next day down. If this sounds familiar to you, then this book is just what the doctor ordered. In *Spiritual Prescriptions for Turbulent Times* you will find practical tools—the prescriptions—to help you feel better now. Cathy Thomas and Leslie Evelo, with over fifty years' combined experience in the field of trauma therapy, have collected the most effective methods for restoring your emotional balance and renewing your energy. Drawing from alternative and non-traditional healing methods, the authors offer you positive and powerful techniques that you can use on your own or in addition to psychotherapy to: soothe your frazzled nerves reconnect to your inner guidance release your negative energy experience deep peace in the midst of chaos

Memoirs, affirmations and poems of an enlightened Diva.

Change in the world is occurring on every level of creation—from the smallest crustacean to the largest human. In *Heart of Being*, author Kamakaokalani Lightness explores a plethora of subjects as they relate to the Earth, its existence, and the human experience of heaven on earth. *Heart of Being* examines many of life's wonders—snowflakes, turtles, whales, rainbows, and music—to better understand the concepts of creation, peace, healing, and energy and the role they play in today's universe. It discusses the sacred places on Earth that are reservoirs of energy; talks about Earth as a time machine; investigates new inventions that will change our way of life; and shares the emergence of a new monetary system as society moves into the twenty-first century. A transformational work, *Heart of Being* communicates that we are the precious jewels of creation. When we are fulfilled, we sparkle on earth and in the heavens. It is in the be-ing that we ascend and move into the sacred heart.

This book combines insights from the Unification Thought of Reverend Moon with those of modern medical science. A permanent and quick solution for all life issues is presented here. How unlikely it may seem, every person has the ability to unfold their full potential in life. This book describes how to get it back within six hours. It is an innovative approach derived from the millennia old conception of man of the Hawaiian life philosophy Huna. In this concept each person has three levels of consciousness with a functional relationship between feelings, emotions, beliefs, behavior, and rational thinking. It recognizes intrapersonal communication as the key to resolving life issues. Re-establishing intrapersonal communication between these levels of consciousness automatically results in permanent resolution and prevention of life issues. This book describes the remarkably simple methodology to guide people through their process of resolving life issues. It contains background information and step-by-step processes of the complete methodology.

**BLUE ICE: Cleaning with Finances, MsKr SITH® Conversations, Book 8:** This book is the eighth and last in a series of books on the use and application of Self I-Dentity through Ho'oponopono (SITH®), an ancient Hawaiian problem solving method, updated by Kahuna Lapa'au Morrnah Nalamaku Simeona. SITH® can be used by any individual to release stress and bring about freedom and balance. **BLUE ICE: Cleaning with Finances** is a compilation of discussions from an ongoing radio program called MsKr SITH® Conversations between Kamailelauli'l Rafaelovich and Dr. Ihaleakala Hew Len about SITH®. In the book these two master practitioners discuss how SITH®, as a way of life, has transformed their lives through moment-by-moment cleaning and what they do when problems arise. This book focuses on ways to clean with our thoughts and experiences with finances.

Jelena Bango (aka Helene Kvajic Rochstein), grew up in the land of the crossroads of cultures. She was born in Belgrade, in 1939, former Yugoslavia, at the beginning of the Second World War. During the war, Jelena's father, a Makedonian, disappeared. Almost immediately, her mother being from Croatia, moved the baby Jelena into Legrad, a small village in her native country. There, Jelena grew up sheltered by the Catholic nuns of the village church and by the quietness of the almost mystical surroundings of the rivers Drava and Mura. Jelena's heart was always wide open to God, while at the same time, her mind was open to learning about other cultures and other religions. Under the guidance of the hidden hand of God, Jelena relocated to Paris,

